Appropriate Use Of Psychotropic Drugs In Children & Adolescents

Free CE Webinar Sponsored By Magellan Health Services

Consumers, parents, caregivers and clinicians have expressed concern regarding the use of psychotropic medications in children and adolescents. A number of scientific articles recently have outlined the increasing role that medications play in the treatment of children, particularly children in foster care and in Medicaid. Some parents note that these medications have made a positive difference in the treatment of their child. Others report unexpected side effects, and report that no psychosocial evaluation occurred before the medication was prescribed, often by a primary care physician. Magellan Health Services has created a number of interventions in its Children’s Champion Program to address this issue.

Agenda

During this 90-minute web briefing, Pat Hunt, the director of child and family resiliency services at Magellan Health Services and Gary Henschen, M.D., chief medical officer-behavioral health at Magellan Health Services will focus on interventions and the role of medications in treatment of children for behavioral issues. The agenda will also include:

- A review of interventions and tools to educate on the risks and benefits of psychotropic medications and important questions to ask of the prescriber when medications are suggested for a child’s treatment plan
- A discussion of the legitimate role of medications in the treatment of children for behavioral issues
- A review of the results of Magellan’s project to reduce inappropriate prescribing and improve the rate of children referred to case management

Following the main presentation, the audience will be able to submit questions while OPEN MINDS facilitates a Question and Answer session with Dr. Henschen and Ms. Hunt.
**Featured Speakers**

**Gary Henschen, M.D., Chief Medical Officer-Behavioral Health, Magellan Health Services**
— In his current role, Dr. Henschen directs a team that develops medical necessity criteria, new technology assessments, and clinical practice guidelines for behavioral health. He provides clinical expertise in new product development and the quality improvement program for Magellan.

Prior to his joining Magellan, Dr. Henschen was chief medical officer for Charter Behavioral Health Systems, LLC. Before that, he was in private practice of psychiatry and psychoanalysis in Greensboro, North Carolina for fifteen years. He is licensed to practice medicine in Georgia, North Carolina, Tennessee, New Jersey, Pennsylvania and Iowa.

Dr. Henschen is a graduate of Davidson College. He received his Doctor of Medicine degree from the University of North Carolina at Chapel Hill. His research interests have included the assessment and prevention of suicide; psychiatric consultation and liaison with primary care physicians; the development of quality metrics, and providing consultation to behavioral special investigation units.

**Patricia Hunt, Director of Child & Family Resiliency Services, Magellan Health Services**
— Pat’s role is key to Magellan’s innovative solutions for children and youth with behavioral health conditions and their families. Her responsibilities include promoting the meaningful involvement of youth and their families; advancing national best practices; ensuring that the lived experiences of children, youth and their families shape policy and practice to yield high-quality outcomes, and supporting Magellan’s customers in their efforts to achieve systems change. Pat has provided technical assistance in 38 states regarding policy issues that affect children’s behavioral health. Her work with families and state, county and local child-serving agencies has contributed to the development and sustainability of local systems of care.

Pat serves as a member of the Technical Assistance Network for the Children’s Behavioral Health (TA Network) Advisory Board. The Network is the SAMHSA-funded national technical assistance center for states and communities through the Comprehensive Community Mental Health Services for Children and Their Families Program (Children’s Mental Health Initiative or CMHI).

Prior to joining the Magellan team, Pat held a senior leadership position with the National Federation of Families for Children’s Mental Health in its Office of Policy. She served as the conduit for local grassroots experience to better inform national policy decisions.

**Disclosures:** Gary Henschen, M.D. and Patricia Hunt have no relevant financial relationship/commercial interest that could be reasonably construed as a conflict of interest.

**Training Audience:** The activity is targeted for advanced skill levels and is intended for social workers, psychologists, counselors, consumers, parents, caregivers and clinicians.

**Goal:** The participant will achieve a greater understanding of the issues surrounding psychotropic medication in children and adolescents.
Learning Objectives: Upon completion of this activity, attendees should be able to:

- Discuss reasons for an increase in the use of psychotropic medications in children and youth
- Differentiate treatment for symptoms vs. treatment for diagnoses
- Discuss the 13 principles for prescribing to children and youth from the AACAP practice parameter
- Teach parents important questions to ask their prescriber before accepting a psychotropic medication for their child
- Teach practitioners important issues to review with the parent/caregiver before prescribing medication.

Eligible CE Credits/Hours: (1.5 CE Clock Hours)
Upon request, all other health care professionals completing this event will be issued a certificate of participation. For information on applicability and acceptance of CE credit for this activity, please contact your professional licensing board.

How to obtain CE Credits:
To obtain CE credits, you must attend the webinar in its entirety and complete the post-test and course evaluation on Survey Monkey (web link to be give at the end of the webinar). After passing the post-test (80%) and completing the course evaluation a certificate will be emailed within 30 days. The post course requirements must be completed by 3/17/2014. Contact CE@MagellanHealth.com if you have questions about your CE credits.

Accreditation Statements:
Magellan Health Services, provider #1127, is approved as a provider for social work continuing education by the Association of Social Work Boards (ASWB) www.aswb.org through the Approved Continuing Education Program (ACE). Approval Period: February 6, 2012 – February 6, 2015. Magellan Health Services maintains responsibility for this program and its content. Social workers should contact their regulatory board to determine course approval. Social workers will receive 1.5 continuing education clinical clock hours.

Magellan Health Services, provider #6233, is an NBCC Approved continuing Education Provider (ACEP™) and may offer NBCC approved clock hours for events that meet NBCC requirements. The ACEP solely is responsible for all aspects of the program.

Magellan Health Services, provider #551 is an Approved Education provider by the National Association of Alcohol and Drug Abuse Counselors.

Magellan Health Services is approved by the American Psychological Association to sponsor continuing education for psychologists. Magellan Health Services maintains responsibility for this program and its content.

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